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## VOLUNTEER OPPORTUNITY

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### Support Group Facilitator- Renfrew

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**About Parkinson Canada:**

Parkinson Canada is the voice of Canadians living with Parkinson's disease. Our purpose is to transform the lives of people living with Parkinson's. We do this through research leading to the end of Parkinson's, advocacy bringing the voices of Parkinson's to the forefront and support that helps people live well with Parkinson's through education and services.

**We are looking for a volunteer(s) to facilitate the monthly Living with Parkinson's Support Group in Renfrew, Ontario.**

This group meets the first Wednesday of each month at 2:00 p.m. at the Bonnechere Manor – Adult Day Program Room (470 Albert Street, Renfrew).

**POSITION SUMMARY:**

To provide education and support at monthly group meetings to persons with Parkinson's, members of their families, and/or their caregivers in dealing with the challenges of living with the condition. To encourage group members to share experiences, ideas and feelings, address challenges, develop supportive friendships and receive current information about Parkinson's disease.

Duties include: facilitate monthly support group, including planning, set-up, refreshments and speakers.

**QUALIFICATIONS:**

- Experience in facilitation of support groups or meetings an asset;
- Comfort and ability to discuss issues regarding Parkinson's;
- Active listening and communication skills;
- Sensitivity and compassion;
- Ability to model respect for diversity;
- Background in nursing, social work, physiotherapy, speech language pathology, and/or other medical aspect of Parkinson's disease an asset.

**TIME COMMITMENT:**

- 3-5 hours per month, (includes two hour meeting and one hour preparation time) for a minimum of one year;
- Training will be provided.

If you are interested in joining a team that makes a tremendous difference in the lives of Canadians living with Parkinson's, please email Margaux Wolfe at [margaux.wolfe@parkinson.ca](mailto:margaux.wolfe@parkinson.ca).