

THE CENTRE FOR TREATMENT OF SEXUAL ABUSE AND
CHILDHOOD TRAUMA

TRAUMA & SELF-CARE

JOIN US FOR AN OPEN GROUP TO LEARN
ABOUT TRAUMA AND METHODS OF
COPING.

TIME: MONDAY APRIL 16, 2018 AT 9AM TO 5PM

LOCATION: 403-265 CARLING AVE. OTTAWA, ON

COST: FREE!

LED BY: AMANDA TELFORD, MSW

&

BETTY YEUNG, MA CANDIDATE

For more information or to sign up please contact:
613-233-4929 or email info@centrefortreatment.com