



for every parent

Real Solutions, for Real Parents

2018 Positive Parenting Cafés

In a small group setting, explore solutions to normal, everyday parenting!

Click on the topic to REGISTER ↓

Date	Time	Location	Topic
April 5, 2018	6:30 - 8:00 pm	Carleton Place Carambeck Community Centre 351 Bridge St.	Disobedience
May 17, 2018	6:30 - 8:00 pm	Carleton Place Carambeck Community Centre 351 Bridge St.	Dealing with Fear
March 6, 2018	6:30 - 8:00 pm	Perth Leeds, Grenville & Lanark District Health Unit 1 Sherbrooke St.	Disobedience
April 17, 2018	6:30 - 8:00 pm	Perth Leeds, Grenville & Lanark District Health Unit 1 Sherbrooke St.	Dealing with Fear
March 21, 2018	6:30 - 8:00 pm	Smiths Falls Leeds, Grenville & Lanark District Health Unit 25 Johnston St.	Dealing with Fear
May 2, 2018	6:30 - 8:00 pm	Smiths Falls Leeds, Grenville & Lanark District Health Unit 25 Johnston St.	Disobedience

Disobedience: gain parenting tips to help your child listen and learn to follow instructions

Dealing with Fear: learn positive parenting strategies to help your child cope with and reduce their fears



Register today by clicking on a topic above ↑
visit www.healthunit.org or call 1-800-660-5853

