



FREE

Prenatal Classes

Come to meet other parents and a public health nurse to talk about:

- Giving birth
- Breastfeeding
- Baby care
- Parenting
- Community resources

Monday, November 6, 13 & 20, 2017

7:00 – 9:00 p.m.

**Metcalfe Live and Learn Resource Centre
8243 Victoria St., Metcalfe**

To register please contact Leigh at 613-821-2899 or liveandlearn@bellnet.ca.