



**The Good Companions
Seniors' Centre**
Supporting a Vibrant Community



Keeping Seniors Safe Online

In today's day and age, we are living a portion of our lives online. Whether it is directly, by surfing the web, or indirectly, by being a client of a company like a bank that stores our information online.

Israel Connect has put together a short course to help empower individuals so that they can better understand what information goes online, where it goes, and how to take steps to keep ourselves safe.

The Good Companions Seniors' centre will host this workshop two dates this Summer:

Tuesday, August 7th / 1 - 2:30pm


or

Wednesday, August 29th / 10:30 am- 12pm

Space is extremely limited.

This is a free presentation, but registration is required.

Register in person or call Front Reception to reserve your spot

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- Some topics include:
- Computer Security
 - Identity Crime
 - Social Networking
 - Fraudulent Emails
 - Internet Banking

The Good Companions - 670 Albert St - (613) 236-0428

Please note and respect our centre is scent free.

Parking available (\$2.50/day)

OC Transpo routes: 8, 16, 41, 85, 86, 87, 91, 92, 94, 95, 96, 97, 98, 99.