



# Family Peer Support Group

Please join us for discussions on various topics for family caregivers with loved ones facing mental health challenges.

If you are looking for a supportive environment and an opportunity to learn, share common experiences, and grow in recovery together, then this is the group for you.

Every third Monday of the month

June 18, 2018  
July 16, 2018  
August 20, 2018

Lanark  
Community  
Programs  
30 Bennett St.  
Carleton Place

6:30 - 8:00 p.m.

Pre-registration? Not necessary!

Cost? Free!

For more information please contact:

Linda Camponi  
camponi@storm.ca

Ed McEwen  
edmcewen@ymail.com

Lanark County Mental Health:

Carleton Place  
613-257-5915

Smiths Falls  
613-283-2170

