



**The Good Companions
Seniors' Centre**
Supporting a Vibrant Community

Alan P. Sentance Educational Lecture Series: Advanced Care Planning (ACP)

Presented by



Dying With Dignity Canada
It's your life. It's your choice.

Wednesday February 21st 2018

12pm—3pm

The Ottawa Chapter of Dying With Dignity Canada will be holding an Advance Care Planning (ACP) workshop at The Good Companions Seniors' Centre. As these workshops are popular, we encourage you to register early. Consider coming with the family member or friend who may be your Substitute Decision Maker (as designated in your Power of Attorney document). The workshop is a great starting point for a discussion about your end-of-life wishes. Should you register to attend this workshop, please access and bring with you a copy of the ACP kit by End Of Life Planning Canada, which is available for free download at www.dyingwithdignity.ca

The session is free of charge, but a \$1.70 fee will be charged if attendees need to print the ACP kit in the centre.

Please note and respect that our centre is scent free.

Registration is required and it will be accepted on a first come,
first included basis.

**Members and non-members are welcome and encouraged to attend.
Space is extremely limited, please register in person or call Front Reception to reserve your spot.**

The Good Companions - 670 Albert St.

Space is limited. Call 613-236-0428 or stop by our Front Reception to register.

Parking available (\$2.50/Day).

OC Transpo routes: 8, 16, 41, 85, 86, 87, 91, 92, 94, 95, 96, 97, 98, 99.