



Lunch and Learn

Put a Twinkle in Your Wrinkle

- How to have passionate, connected, satisfying sex into your later years



Let's talk about:
What's new in sex

Physical limitations and how to overcome them

Why sex fulfills basic needs and why it's so important for health

Finding new partners, how sex needs to evolve, and why you are never too old

Presenter

Sue McGarvie, International Sex and Relationship Expert and Therapist

Information

- Thursday, February 8, 2018
12:00 pm - 1:30 pm
- 1247 Kilborn Place
- FREE parking;
OC Transpo route # 48
- Coffee, tea and cookies
will be served

Registration

- www.coaottawa.ca
613-789-3577 x101
<mailto:coa@coaottawa.ca>
- Cost: FREE for members,
NEW: \$10 for non-members