



COMMUNITY FORUM

Fostering Social Inclusion



Please join us on “World Hello Day” for an interactive, half-day, in-depth program.

Kiran Rabheru, MD, FRCPC, Geriatric Psychiatrist will be discussing the impact of social isolation on seniors’ health, based on his many years “in the trenches.”

Trudy Medcalf, PhD, Gerontologist will facilitate a discussion on practical ways to care. Participants will be actively engaged in developing simple strategies to personally foster social inclusion in their everyday interactions with seniors.

Details

- Tue, 21 November, 9:30 am-1 pm
- 101 - 1247 Kilborn Place
- Free parking - OC Transpo Bus #48
- Light lunch provided

Register Now (limited space)

- www.coaottawa.ca
- 613-789-3577 x101
- l-m.bouchard@coaottawa.ca
- No charge for event



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