

**TRY SUPPORTIVE
HOUSING PROGRAM**

for women aged 18 and over

180 Argyle Avenue, Ottawa
ON K2P 1B7
Tel: 613-237-1320 x 5138
Fax: 613-788-5095
www.ymcaywca.ca



Who is the TRY Supportive Housing Program for?

Women aged 18 and over who are:

- homeless or at immediate risk of homelessness
- in need of support to move on to permanent housing
- motivated to participate in personal goal-setting
- interested in group living
- connected to mental health or substance abuse supports as needed

Women staying in Emergency shelter are especially encouraged to apply.

What does the TRY Supportive Housing Program offer?

- private single occupancy rooms
- long-term and crisis support
- access to Health and Wellness facilities

- on-site Employment Services
- shared kitchen/ lounge, washrooms and laundry facilities
- program fee based on Social Assistance shelter allowance rates

How do I apply?

- Self-referral or through a community agency
- Fill out and send your completed application form to the TRY Program office
- Participate in an interview

How do I get more information?

- Call **613-237-1320 x 5138/ 5061**

The TRY Supportive Housing Program for women is funded by the City of Ottawa under its Housing and Homelessness Investment Plan in partnership with the National Capital Region YMCA-YWCA.