

Standing up for me

A group for women 18 years and older on
honest communication while respecting self and others

Thursdays

24 January to March 14 2019

10:00 am—12:00 pm

at

Pinecrest-Queensway Community Health Centre

1365 Richmond Road – Room 375 Spruce

Funds for childcare
available.

Snacks provided.

Registration required as
space is limited

For more information,
please contact
Christine Sharp
613.820.4922 X3376
Or
Jeannette Muzinga
613-563-0363 X 229



AMETHYST WOMEN'S ADDICTION CENTRE
CENTRE AMETHYST POUR FEMMES TOXICOMANES


Centre de santé communautaire
Pinecrest-Queensway
Community Health Centre