



ARE YOU THE PARENT/GUARDIAN OF A CHILD WITH A DISABILITY?

Join our parent group!

Walking in My Shoes (WIMS) is a monthly meeting for parents of children with special needs, of all ages to meet, greet and share experiences through facilitated discussions and guest speakers.

Facilitator - Darlene Donnelly

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WALKING IN MY SHOES

ONE MEETING A MONTH

7:00-9:00 PM

September 18

October 16

November 20

December 18

ONE CENTRAL LOCATION

Citizen
Advocacy

312 Parkdale
Ave,

Ottawa ON

K1Y 4X5

Tuesday September 18

Parenting Children with Disabilities- Separating the Caregiver/Therapist from the Parent

Join Kim McLeod, parent educator & advocate for a talk about parenting your child with a disability. Build on your parenting strengths and learn about managing your struggles with tools to help clarify and identifying parenting connections from the tasks of care-giving and how to balance them both.

Tuesday, October 16

Informal Discussion and Information Sharing and Spectrum Insights

John Anderson will join us for the first 30-40 minutes to share information about Spectrum Insights, which offers programs for youth and adults with Autism, Aspergers, NLD, ADD and Mild Cognitive Delay. We will have an informal information and discussion session for the second half of the evening.

Tuesday, November 20

Visual Strategies to support communication and support reducing behaviours

Join Pina Giovannitti, behaviour consultant with CISS who will present an overview of CISS services and how to access it. Pina will talk about visual strategies that can support communication while reducing behaviours using various visual strategies to support transitions, routines, and daily activities. Come learn more about visual schedules, choice boards, social scripts and PECS to facilitate purposeful communication with your child.

Tuesday, December 18

Informal Discussion and Information Holiday Gathering

Join us to discuss issues, share ideas and your knowledge and have a short break before the holidays. A resource table will have books, DVD's and more for browsing through.