



Immigrant Women Services Ottawa  
Services pour femmes immigrantes d'Ottawa

**FSO | SFO**  
Family Services Ottawa | Services à la famille Ottawa

# Parenting in Canada



- Are you a mother new to Canada?
- Would you like to know more about school, activities and resources for you and your children?
- Are you interested in finding ways to help your children be safe and free of violence?

## **WHEN:**

**Wednesdays: October 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>  
November 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, 2018**

## **TIME:**

**9:30 am – 12:00 (noon)**

## **WHERE:**

**Immigrant Women Services Ottawa  
219 Argyle Ave., 4<sup>th</sup> floor**

**Bus tickets, child care and language interpretation available.  
Please let us know if you need any of these services when you register.**



## **To register call:**

### **Family Services Ottawa:**

Monica Tymofievich, 613 725 3601 Ext. 129

Adriana Oatu, 613 725 3601 Ext. 130

### **Immigrant Women Services Ottawa:**

Vivian Chan, Crisis and Counseling Service, 613-729-3145 ext. 234