

Please Join us this Winter for **Caring for Caregivers**

A Free Workshop and Educational Series
for Caregivers



A Free Educational
Support Series for
Caregivers

January 14th: Seniors Downsizing

Presenter: Age Well Solutions
6:30pm at Lynwood Retirement Home

January 16th: Advanced Care Planning

Presenter: Sevon Thomas
6:30pm at Lynwood Retirement Home

January 30th: Canada Pension, Old Age Security and Caregiver Leave Entitlement

Presenter: Service Canada
3:30 at the Olde Forge

February 20th: Dementia and Alzheimer's Care

Presenter: Dementia Society
6:30 at the Olde Forge

February 28th: Respite Care

Presenter: Hospice Ottawa
3:30 at the Olde Forge

Please RSVP your attendance to our
office at 613-829-9777 and speak
with reception



OLDE FORGE
COMMUNITY RESOURCE CENTRE