



Navigating the Health Care System

Wednesday, October 9, 2019 at 7:00 pm

Location: Glen Cairn United Church
140 Abbeyhill Drive, Kanata



Please join **Prime Time in Kanata** for a special presentation with Margot Beak from **Home Instead Senior Care**. This is your opportunity to learn more about the different health care options available to seniors in our community. We will be discussing everything from community and government resources, to support groups and disease related agencies.

For more information please phone 613-218-2494 or
email info@primetimekanata.ca

www.primetimekanata.ca

