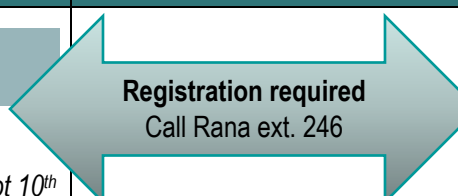





# EarlyON - Fall 2019 Programs and Services



		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
900 Merivale Rd	AM	<b>Mothers of Multiples Playgroup</b> 9:30-11:30 AM <i>Starts Sept 23<sup>rd</sup></i>	<b>Walk with me! Playgroup</b> 9-11:30 AM <i>Starts Sept 10<sup>th</sup></i>	<b>BUNS in the Oven</b> 9:30-11:30 AM <i>Starts Sept 10<sup>th</sup></i>	 <b>Registration required</b> Call Rana ext. 246	<b>Nobody's Perfect</b> In Arabic with Rana 9-11:30 AM <i>Seasonal Program:                      Sept 13<sup>th</sup>-Oct18<sup>th</sup></i>	<b>Dad's All Stars Playgroup</b> 9:30-11:30 AM <i>Starts Sept 14<sup>th</sup></i>
	PM	<b>Story time! Playgroup</b> 1-3 PM <b>Ask Us! 3-4 PM</b> <i>Starts Sept 16<sup>th</sup></i>	<b>Ask Us! Information &amp; Resources</b> 1-4:30 PM <i>Starts Sept 10<sup>th</sup></i>	<b>Baby N' Me / Well-Baby Drop-In</b> 1-3 PM <b>Ask Us! 3-4 PM</b> <i>Starts Sept 11<sup>th</sup></i>		<b>Teddy's Multicultural Playgroup</b> 1-3 PM <b>Ask Us! 3-4 PM</b>  <b>Soup, Stories &amp; Songs</b> 5:30-7:30 PM <i>Starts Sept 12<sup>th</sup></i>	<b>Ask Us! Information &amp; Resources</b> 1-4:30 PM <i>Starts Sept 13<sup>th</sup></i>
Community Locations	AM	<b>ALL PROGRAMS ARE:</b> 	<b>Bellevue Playgroup</b> 1475 Caldwell Ave 9-11:00 AM <b>Ask Us! 11-11:30 AM</b> <i>Starts Sept 10<sup>th</sup></i>	<b>Kids in Action Playgroup</b> 1463 Prince of Wales Dr. 9-11:00 AM <b>Ask Us! 11-11:30 AM</b> <i>Starts Sept 11<sup>th</sup></i>		<b>Bellevue En Français! Playgroup</b> 1475 Caldwell Ave 9-11 AM <b>Ask Us! 11-11:30</b> <i>Starts Sept 13<sup>th</sup></i>	
	PM		<b>McKellar Multicultural Playgroup</b> 539 Wavell Ave 1:30-3:30 PM <i>Starts outdoors Sept 10<sup>th</sup>                      and indoors Oct 1<sup>st</sup>...</i>			<b>Van Lang Multicultural Playgroup</b> 29 Van Lang Private 1:30-3:30 PM <i>Starts Sept 12<sup>th</sup></i>	<b>Childcare services:</b> <b>Annavale Headstart Nursery School</b> Subsidized spaces Preschoolers 2-4 Year Old Monday to Friday Full-day program Call Colette 613-798-5689 250 Anna Ave, Ottawa

All programs are open to ALL families with children 0-6 year old  
 Programs closed all Public and Statutory Holidays  
 Programs facilitated in English unless noted otherwise

# EarlyON Services Playgroups & More...



## Community Locations Playgroups:

Craft, Stories and Playtime! Come meet other parents and caregivers. Chat with our Early Childhood Educator! See our calendar on reverse for times and dates.

**Kids in Action** 1463 Prince of Wales Dr  
**McKellar Multicultural** 539 Wavell Ave  
**Van Lang Multicultural** 29 Van Lang

**Bellevue** 1475 Cadwell Ave  
**Bellevue En Français!** 1475 Cadwell Ave  
Open to all who want to be immersed in French!

## And much more...at 900 Merivale Rd.

### ASK US! Information and Resources

Do you have questions about how your child is growing? Bedtime routines? Teething? Mealtime? About activities in the community? About childcare options? Ask our Early Childhood Educators for information, resources and support! See our calendar on reverse for times and dates.

### BUNS in the Oven

Are you pregnant? Do you have a newborn?

You can come to Buns in the Oven the moment you learn you are pregnant and stay until your child is six months old. We cook and eat together, while learning about pregnancy and babies.

### Nobody's Perfect

An informal parenting support group led by an Early Childhood Educator. 2hr/week for 6 weeks. Sept 2019 in Arabic. Nov 2019 in Spanish. Seasonal program. Check our calendar for dates and times.

**School Readiness programs / Workshops:** Check our calendar for dates and times.

- **Backpack Adventures:** get ready for school! For children starting JK in the Fall.
- **Family Maths:** Using every day material to learn basic maths! For children 4-6 year old.



# EarlyON Services Playgroups & More...



## Playgroups/Drop-Ins

### Multicultural Playgroup/

New to Canada? Not so new? Not new at all? Everyone is welcome! Share your songs, traditions for a great multicultural, multilingual enriching play experience! Crafts, stories, and playtime! Chat with Early Childhood Educator! For families with children 0-6 years old. Also *En Français!* For all who wish to immerse themselves in French! See calendar for times and dates.



### Walk with me! Playgroup

Join us with your child 0-6 for a neighborhood walk and rediscover the joy of walking in our neighborhood with your child!

### Story Time! Playgroup

Stories to make you laugh, stories to make you dream! Let's read together every day! Ideal for families with children 2-5 years old.

### Baby N' Me / Well-Baby Drop-In

Do you want to meet other parents with babies 0-12 months? Join our infant group, relax with your baby, and get great information about your child's development. Access our lactation consultant.

### Soup, Stories & Songs Playgroup

Almost time to go to bed? Unwind with us through an early evening of songs, bedtime stories, and bowl of soup before heading to bed!

### Dad's All Stars Playgroup

Fathers/Grand dads/Uncles....:it's playtime with your precious, special little star! Share the playgroup experience with other men who understand the joys and challenges of parenting a young child 0-6yo.

**Twins'and more Drop-In** Are you parenting twins? triplets? ....

Would you like to meet other parents of multiples? Come join us with your babies 0-18months!

