

PRESS RELEASE

ST. PATRICK'S HOME OF OTTAWA VOLUNTEERS' WALK THE BLOCK

Ottawa, ON., 2010>> >> For several years, the St. Patrick's Home Volunteers have held a "WALK THE BLOCK" fund raising initiative in support of the seniors residing at the Home. The event will take place on Saturday, September 25th, departing at 09:30 a.m. from St. Patrick's Home, 2865 Riverside Drive. Walk routes are 3km and 1km with light lunch, prizes, and the benefits of exercise, fun, friends. Registration forms available at St. Pat's Reception, Trudy Robertson (613) 260-2738 or e-mail Foundation@StPats.ca.

Please **HELP** in this most worthy cause by participating as a walker or sponsor. Invite family members, friends, colleagues, neighbours to **support the seniors in their Golden Years and Keep the Spirit Alive at St. Patrick's Home.**

This year, **St. Patrick's Home is celebrating its 145th anniversary.** As a non-profit, long-term care facility the Home continues to provide high quality nursing and personal care to more than 200 seniors from the community. The Home's dedicated Personnel, Grey Sisters, Ladies Auxiliary, Volunteers are truly proud of the excellent holistic care it provides to enrich the daily lives of the residents.

- 30 -

Contact: Trudy Robertson (613) 260-2738
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