

Live Well – Age Well, Savvy Seniors Fair, Saturday June 5, 2010 – Nepean Sportsplex, 1701 Woodroffe Ave. Salons A and B – 10am – 4pm. Free Admission.

A one-stop event dedicated to informing, educating and supporting Seniors in our Community. All under one roof! Vendors include products and services for Seniors including retirement homes. Exhibitors also include; The Parkinson's Society, Alzheimer Society, Canadian Diabetes Association, CCAC, Friends of Hospice, Senior Citizens Council and Western Ottawa Community Resource Centre.

Guest Speakers:

Dr. William Dalziel – Regional Geriatric Assessment Clinic

Lisa MacLeod – M.P.P – Nepean and Carleton

Ann Dobbins – Memory Matters

ABC's of Fraud - Reducing Fraud amongst Seniors

Net proceeds to be donated to the Regional Geriatric Assessment Clinic. Sponsored by Comfort Keepers and Lynwood Park Lodge.