



Ottawa Community Immigrant Services Organization  
Organisme Communautaire des Services aux Immigrants d'Ottawa

## Are you interested in mentoring a professional newcomer to Canada?

### Volunteer as the OCISO Career Mentor for an internationally trained newcomer seeking to integrate into the Canadian work force

#### What Is A Career Mentor?

- A Career Mentor helps the internationally trained newcomer develop an understanding of the working culture in Canada.
- The mentor may provide feedback on resume fine tuning, job search strategies and interview preparation, information about networking and profession specific events.
- Most importantly, the Mentor acts as a coach and support person, encouraging the Mentee in their efforts to transition to employment in Canada.

#### Why Become A Career Mentor?

- Share your valuable experience and knowledge of working world in Canada
- Enjoy the great satisfaction of helping a newcomer get established in Canada
- Develop career coaching and leadership skills and improve cross-cultural awareness
- Receive free professional development training on mentoring

#### How Does It Work?

- Mentors participate in a two hour Mentorship Program orientation at **OCISO**
- Mentorship Facilitator matches a Mentor with a Mentee from a similar professional field and arranges an introductory meeting at **OCISO**
- Meetings occur weekly for approximately one hour at an agreed upon time and location. The mentoring relationship is approximately 3 months in duration

### Volunteer Now & help a newcomer on their journey to career success in Canada!

#### A Mentor's Testimonial:

*"What a great way to give back to the community! I've learned so much from the person I've mentored that I want to do this again" . - Policy Analyst*

*"I am very impressed with how hard my mentee is working to get a job. I am really enjoying mentoring her and this program." – Certified Human Resources Professional*

**PLEASE CONTACT by July 31, 2010:**  
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