



## Mentor Career Coach Training Program

***For those who want to help Internationally Educated Professionals pursue their career advancement in Canada***

Training Venue: Room 207, 240 Catherine Street, Ottawa

Date: February 2, 9, 16, 23, March 1, 8 (Six Thursday Evenings)

Time: 6:00p.m. – 9:00 p.m.

Ottawa Chinese Community Service Centre would like to invite you to join our mentorship program. The goal is to train volunteers, who have several years of professional or human resources related experience, to help Internationally Educated Professionals (IEP) pursue their career advancement in Canada.

This 6 week intensive training program will be delivered by Integration Resources Canada Inc. (IRCI), focusing on coaching and mentoring skills to assist IEPs who are currently exploring their career opportunities. All the volunteer mentors and mentees take the program together, where the participants learn practical job search techniques, practice in small groups and engage in mock interviews. After the training is complete, each mentee (IEP) is matched up with an appropriate mentor, each volunteer mentor will provide one to one support once a week for minimum 3 months.

Volunteer Mentors will learn and develop career and cultural competencies, leadership and community building skills, strategies for community inclusion, a method for assessing IEP competencies and contributions, strategic research methodologies, confidence building techniques, trust and listening skills. Volunteer Mentors are asked to make a commitment to complete the training and assist at least one IEP.

For details to apply for training to be a volunteer, please contact Outreach & Mentorship Coordinator, Afrodity Gritziotis at (613) 235.4875 x.125, [afrodity.griziotis@occsc.org](mailto:afrodity.griziotis@occsc.org) or Volunteer Coordinator, Doreen Ju at 613.235.4875 ext.144, [doreen.ju@occsc.org](mailto:doreen.ju@occsc.org). Space is limited to 15 participants so we encourage people to apply now.

