



**THE COMMUNITY BASED RESEARCH NETWORK OF OTTAWA (CBRNO)
IN PARTNERSHIP WITH THE WELLESLEY INSTITUTE (TORONTO)
INTRODUCES:**

A SERIES OF COMMUNITY BASED RESEARCH (CBR)& CAPACITY BUILDING WORKSHOPS

The workshops will give you the skills to implement CBR, creative ways to resolve conflicts of interests, networking and leadership skills and the ability to influence the research agenda on community issues.

CBR 101 Introduction or its equivalent (CBR workshops pre-requisite*) Facilitators: Melissa Rowe & Bertie Mo	Oct. 24, 2008 9:30am to 5:00pm
CBR 104 How to Run a Focus Group Facilitators: Jim Zamprelli & René Rivard	Nov. 28, 2008 9:30am to 5:00pm
CBR 106 How to Develop Effective Client Satisfaction Tools Facilitators: Melissa Rowe & René Rivard	Jan.16, 2009 9:30am to 5:00pm
CAP 102 Valuing Diversity: The Benefits of Difference Facilitators: Melissa Rowe & Bertie Mo	Feb. 20, 2009 9:30am to 5:00pm
CAP 103 & CBR 207 Writing a Winning Grant Proposal and Writing Effective CBR Proposals Facilitators: Jim Zamprelli & René Rivard	Mar. 27, 2009 9:30am to 5:00pm
CAP 105 Build Successful Alliances, Coalitions and Partnerships Facilitators: Jim Zamprelli & René Rivard	April 24, 2009 9:30am to 5:00pm
CBR 209 CBR in Ethno-racial Communities Facilitators: Melissa Rowe & Bertie Mo	May 22, 2009 9:30am to 5:00pm

(*) The introductory CBR workshop or its equivalent will be required for registration in all listed workshops. Our experience indicates that participants who have this base are more successful in applying what they learn in the workshops.

Each workshop will be offered at a cost of \$120.00 per participant. A package deal is available as well as special rate for students. Please see attached registration form.

A certificate from Carleton University and CBRNO will be awarded for participants who take all workshops successfully.

Workshops will be held at Family Services à la Famille Ottawa, 312 Parkdale Avenue.
Please bring your own lunch.

For more information please contact:
Clara Jimeno claraj@spcottawa.on.ca (613) 236-9300 X 307



CBR & CAPACITY BUILDING WORKSHOPS – REGISTRATION FORM

We strongly encourage agencies to register at least one community member, client or volunteer, as well as a member of the staff. This will provide an opportunity for members of the community who cannot afford the fees to participate in the process.

Registration deadline October 10, 2008

Name _____

Agency _____

Address _____

City _____ Province _____ Postal Code _____

Tel. _____ Fax _____ E-mail _____

Signature: _____

Please select the workshop(s) you would like to attend:

_____ CBR 101 Introduction to CBR or equivalent

Please check equivalent

- CBR/Participatory Action Research (PAR) Courses
- Implementation of CBR/PAR

_____ CBR 104 – How to Run a Focus Group

_____ CBR 106 - How to Develop Effective Client Satisfaction Tools

_____ CAP 102 – Valuing Diversity: The Benefits of Difference

_____ CAP 103 & CBR 207 – Writing a Winning Grant Proposal/Writing Effective CBR Proposals

_____ CAP 105 – Build Successful Alliances, Coalitions and Partnerships

_____ CAP 209 – CBR in Ethno-racial communities

PAYMENT DETAILS

Number of workshops _____ Amount \$ _____

1-2 workshops \$120 each ☺ 3-4 workshops \$110 each ☺ Package deal \$700

Method of payment: Cheque (*) Credit Card Visa Master Card

Credit card #: _____ Expiry date: _____

Card holder name: _____ signature _____

Student rate, workshops \$75 each ☺ (Institution: _____ student id# _____)

(*) Please make the cheque out to SPC, c/o CBRNO
Send the registration form with the cheque to: Social Planning Council of Ottawa
280 Metcalf St., Suite 501, Ottawa, ON, K2P 1R7. Attention: Clara Jimeno.

Cancellation Policy: Full refund will be given up to 2 weeks before workshop date or if session is cancelled by CBRNO. Partial refund (50%) will only be given if individual withdraws 1 week prior to workshop date.
CBRNO reserves the right to cancel any workshop if there are insufficient numbers.