

## In a sacred manner... skate your way to optimal health...

You can do it yourself and you may choose to call in a coach to assist you in skating smoothly to heal mind and body... through spirit.

Options include:

Relationship Harmony+

Beyond Belief Synthesis

Ultimate Efficiency Process

Touch for Health® Edu

Developmental Kinesiology

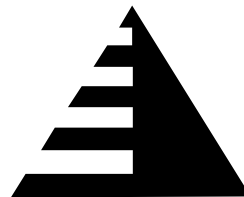
Brain Gym® Edu-K

Other . . . .



## The Art and Power of Positive Intention

Depending on what you desire, believe and put faith in your mind can call in conditions for you to have certain experiences. Do you appreciate your gifts and those of others? Do you feel equal? Are you this moment? Are you conscious of your choices? Are you responsible for your actions? In information balancing, weaving coherence of underlying subtle energies restores connections previously disconnected and decongests energies previously congested ... including "yes, but. ..." Combining our intention in a safe, peaceful setting, we facilitate your clarification of potential accomplishment and identification of priority of focus. Each individual and session is unique. Together we bring light and presence to your situation and intention.



JOYFUL ALCHEMY... FOR WELL-BEING

For appointments in person, by phone, by email, and  
FuNsHoPs and CoUrSeS,  
Contact: Thome-US ( MartEE) at 613.769.5575 and  
[BALANCE@thomasMtegTmeyer.com](mailto:BALANCE@thomasMtegTmeyer.com)  
[www.touchforhealth.us](http://www.touchforhealth.us); [www.iask.org](http://www.iask.org)  
[www.awarenesscouncil.com](http://www.awarenesscouncil.com)  
[WWW.CANASK.ORG](http://WWW.CANASK.ORG); [WWW.BRAINGYM.ORG](http://WWW.BRAINGYM.ORG)  
Ottawa, Montreal, International

Joyful Alchemy  
for well-being:  
Information  
Balancing &  
Integration (IBI)



Climbing the  
mountain to  
vibrant natural  
health

Save time  
and money,  
Feel good,  
Wisdom in  
action...

## Breathing and a pause after each inhale and exhale...Conscious becoming being

Just as easy as it is to teach someone to run with the ball, you can remember what you already know...becoming your own health advisor for well-being and transformation whether it be in the physical, nutritional, emotional, electrical, or spiritual realms.

As each individual and session is unique, different tools and toolkit systems of processes may be best suited to your story of the moment. And a coach you resonate with might be useful and meaningful.



## Consultations, Seminars, Negotiation, FuNsHoPs and CoUrSeS

(Ask about accredited hours for nurses, bodyworkers, acupuncturists. Prices are for pre-payment in full. Subject to change, call for latest schedule of fees)

### Consultations

Consultations are for individuals, couples, families, healing groups, businesses, relationships (past, present and future), animals, and universal peace. They can be in person, by phone, email or by surrogate.

The first session is one hour, preceded by a half-hour free intake session. Thereafter, sessions are conducted in 15 minute units. In one unit an Emotional Replacement a simplified Body Alignment, or neuromuscular balancing may be completed. In one unit many people experienced pain relief. A one-time Emotional Concrete Base brain rewiring for better performance can take up to 5 units in one session. Each unit is \$45.

Switched On Selling, and Management Seminars with Brain Gym® accredited by Jerry Teplitz

For the bottom line with ease, see [www.teplitz.com](http://www.teplitz.com)

### Negotiation

The mediator caucuses with each party and then all parties meet to sign a Memorandum of Agreement to enter into mediation to improve the communication relationship and proceed to forge agreements. Mutual interests including previously-hidden interests are identified and a process started to develop options and agreements. Two days are standard and a report is drafted including a Memorandum of Agreement on the results achieved. Fees: \$300 per day per party.

### FuNsHoPs and CoUrSeS

#### Herbs to balance your subtle energies FuNsHoP

Assesses and balances chakras, meridians and more. FuNsHoPs for individuals are \$75 (\$150 for company sponsored participants) for a half-day. Materials and book included.

**Beyond Belief Synthesis** runs 10 six-hour days (60 hours) based on the work of Margaret Ann Richardson Kean. <http://www.cinemind.com/atwater/beyond.html> <http://atwaterndenews.blogspot.com/2009/04/memorial-to-margaret-fields-kean.html>  
The tuition for individuals is \$900 (\$1800 for company sponsored participants.)

**Ultimate Efficiency FuNsHoP**, runs three six hour days (18 hours), including a one-day specialization in group healing, and Dance of Divine Order concerning relationships also based on Mrs. Kean's work. Tuition for individuals is \$300 (\$600 for company sponsored participants). Visualization process manual and Chart for Groups included.

**Touch for Health® Synthesis** courses run 10 six-hour days (60 hours) for Levels 1, 2, 3 and 4. The cost of instruction is \$900 (\$1800 for company-sponsored participants). Materials \$50 more and include "Touch for Health Complete Edition." or French equivalent.

**Brain Gym® 101 FuNshoP** runs four six hour days (24 hours) and counts towards Brain Gym Professional Consultant/Instructor licensure. With manual the cost is \$400 (\$800 for company-sponsored individuals).

**Special Discount** When you bring a new student, repeat the FuNsHoP or CoUrSe for FREE.

**JOYFUL ALCHEMY...  
FOR WELL-BEING**



"Leave the door at least a tiny bit open ...  
just for the possibility."